

Cycle 1			
Term	Year 1 & 2	Year 3 & 4	Year 5 & 6
Autumn 1	C1: How do we make a happy school? C2: Who lives in my neighbourhood? Os3: Online Strangers	Fr1: What makes a good friend? Os1: Online strangers (P1) Os2: Sharing Online (P2)	Fa1: Why do some people get married? Fa2: Are families ever perfect? Os1: Control and Consent (S1) Os2: Protecting our identity (P1)
Autumn 2	Fr1: Who is my friend? P1: How do I help my body stay healthy?	C1: How do we make the world fair? C2: Where do you feel like you belong? C3: How can we help the poor around us?	C1: What is prejudice? C2: What is the history of prejudice? C3: What should I do if I encounter prejudice?
Spring 1	Fa2: Do families always stay the same? Fa3: How should families treat each other? P3: How do we stop getting ill?	M1: How do I manage my feelings? P1: How do I keep my body healthy? P2: How do I get a healthy diet?	Fr2: Can we be different and still be friends? Fr3: Should friends tell us what to do? P1: Is there such a thing as the perfect body?
Spring 2	Fa1: Who's in my family? Os1: Screen Time (L1)	Fa3: How should we treat people who are different?	P4: Why do some people take drugs? P5: Where should I get my health information? P6: How do I save a life?
Summer 1		Os4: Personal Information (C2) P3: How do I stop getting ill?	P2: How can I stay fit and healthy? P3: Can I avoid getting ill? M4: Who am I? Fa3: Is there such a thing as a normal family?
Summer 2	C3: What makes a boy or a girl? Fa6: Are all families the same?		G1: How will my body change as I get older? G2: How will my feelings change as I get older? G3: How will I stay clean during puberty? Y6 - Sx2: Optional Lesson on sexual reproduction (Not Statutory)

Cycle 2			
Term	Year 1 & 2	Year 3 & 4	Year 5 & 6
Autumn 1	Fr2: What makes a good friend? Fr3: Should friends tell us what to do?	Fr2: Are all friends the same? Fr3: Are friendships always fun? M2: Are we happy all the time?	Os6: Bias (N2) Os7: Echo chambers (N5) Fr5: What are stereotypes? Fr6: How do I accept my friends for who they are?
Autumn 2	Fr4: How do we stop bullying? Os2: Personal Information (S1)	Fa1: Do families always stay the same? Fa2: Are all families like mine?	Fr1: What makes a close friend? M1: Does everybody have the same feelings?
Spring 1	M1: Where do feelings come from? P2: How do I decide what to eat?	Os5: Digital Media (N1) Os6: Verifying content and echo chambers (N3)	Sx1: How do plants and animals reproduce? (Science Link) C4: How can I be a great citizen? C5: Why is money important?
Spring 2	Fa4: When should I say no? Fa5: Who owns my body? I do! G1: How bodies change as we get older (Science Link)	Os3: Friendship online (S1)	Os3: Meeting Strangers online (P4) Os4: Personal information, terms and conditions (C2) M2: Should we be happy all the time? M3: Why do we argue?
Summer 1	Os4: Fake news (N1) M2: Who am I? P4: How can I stay safe?		Os8: Does the internet make us happy? (L1) C6: Who belongs in our country? C7: What does it mean to be British?
Summer 2	M3: What helps me to be happy?		Fr4: Why are some people unkind? Os5: Analysing digital media (N1) G4: What is menstruation? Y6 - Sx2: Optional Lesson on sexual reproduction (Not Statutory)