

## Temple Normanton Primary Academy

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24<sup>th</sup> November 2025

Dear Parents/Carers

As part of the PE curriculum, pupils in Years 3 and 4 will be attending swimming lessons at Queen's Park Leisure Centre. These sessions will begin on Friday, 16th January 2026, and will take place every Friday until Friday 3rd July 2026. Miss Harris and Miss Horsfall will accompany the children to the leisure centre. Pupils will leave school at approximately 1:15 pm and will return before the end of the school day. Please ensure your child brings their full swimming kit every Friday. We kindly ask that you complete and return the attached swimming consent forms to **Mrs Whittingham in the school office as soon as possible.**

### **Please be aware of the following rules:**

**Swimwear** - must be suitable for the purpose and preferably of a dark colour to enable the swimmer to be seen clearly underwater. Girls must wear a one-piece swimming costume, and boys must wear swimming trunks. The School Swimming Instructor may allow boys to wear appropriate shorts; however, these must not be below the knee. Large baggy shorts will impede the pupil's movements in the water, as well as restrict the view of the teachers in seeing the movements that limbs and joints are making in the water.

**Goggles** - should only be allowed when chemicals in the water may adversely affect eyes. Goggles should be made of unbreakable plastic or rubber materials and children taught to use them correctly and safely prior to their attendance at the pool. Pupils who wish to wear goggles must have a permission slip signed by their parent/guardian/carer (included on the information Form).

**Hair** - must be tied back if long or of a length which might impair vision. It is highly recommended that children wear swimming hats. For facilities that share the pool with members of the public, it is very strongly recommended that children wear swimming hats, to ensure that pupils are easily identified.

**Jewellery/watches** - must be removed prior to the swimming lesson (plasters covering newly pierced parts of the body will not be allowed due to plasters in the water becoming a choking hazard). It is strongly advisable that any pupils that wish to have body piercing do so at the beginning of the School Summer holidays.

Yours sincerely

Leica Carter  
Principal

Part of the **ACET** family

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