

Temple Normanton Primary Academy

Elm Street, Temple Normanton,
Chesterfield S42 5DW

t: 01246 850389

e: info@normanton.derbyshire.sch.uk

w: templenormantonacademy.org



Principal: Leica Carter BA (Hons), PGCE

CEO: Rebecca Scutt BSc (Hons), PGCE

Striving for **Excellence**
Empowering Achievement
Shaping **Learning**

Dear Parents and Carers

We are delighted to announce that we are trialling Forest School sessions this term for children in Year 1&2. **The first session** will take place this **Thursday 16th April** and will continue each Thursday afternoon of this half term.

Forest School is a child centred, educational approach to learning that uses natural, outdoor settings to foster holistic development. It focuses on building confidence, self-esteem, resilience and risk management through hands on, play based learning. Being outside has proven benefits, not just for learning but for learners' overall wellbeing and mental health. Our aim through these sessions is to provide a safe, nurturing space where we can promote many different things for the children who use it; self-confidence, risk taking, decision making, self-esteem, the development of language and communication as well as physical, personal, emotional and social development.

Sessions will encourage teamwork, self-motivation and independence as well as learning new skills including den building, knots, identification of nature and woodland craft in a safe and stimulating environment. Please be aware that sessions will go ahead in all weathers (extreme or adverse weather conditions will affect this and sessions will be changed if it is deemed unsafe to go outside.)

Please can we ask that children bring the correct kit every week for forest school sessions. As the weather is getting warmer, we suggest all children should bring or apply suncream on Forest School days.

Kit list includes:

Water Bottle

A full change of clothing suitable for getting dirty

Wellies or boots suitable for getting dirty or wet

Warm, waterproof coat.

Hat/Suncream

Waterproof trousers if very wet.

Bag to put dirty or wet boots or clothes in.

Yours sincerely

Miss Liljendahl
Forest School Lead

Part of the **ACET** family