Dear Parents/Carers

MacMillan Thank you

We would like to say a huge **thank you** to everyone who supported our Macmillan Coffee afternoon last week. Thank you to all who donated delicious cakes and buns, your generosity was overwhelming. Thank you also to parents and carers who were able to join us for the afternoon, it was lovely to see so many of you there, enjoying a cuppa and a chat while supporting such an important cause. Together, we raised £63 for Macmillan Cancer Support.

We would like to share some information about upcoming events in school.

Phonics Workshop for Reception Parents - Wednesday 7th October at 2pm

We would like to invite parents and carers of Reception children along to our Phonics Workshop on Wednesday 7th October at 2pm.

This is a wonderful opportunity for you to:

- Learn about phonics – we'll explain what phonics is and why it's so important for your child's reading development
- See how we teach reading – you'll get a clear understanding of the methods and approaches we use in school to help children become confident readers
- Get practical tips – we'll share simple, effective ways you can support your child's reading at home
- Watch your child in action – you'll have the lovely opportunity to see your child take part in a phonics lesson and learn alongside them
- Ask questions – there will be plenty of time for you to ask anything you'd like to know about phonics and reading

Why phonics matters

Phonics is the foundation of learning to read. It teaches children to recognise the sounds that letters make and how to blend these sounds together to read words. By understanding how we teach phonics at school, you'll be better equipped to support your child's reading journey at home.

World Mental Health Day – Thursday 8th October

We will be marking World Mental Health Day on Thursday 8th October, and we would love your children to get involved.

Mental health and wellbeing are just as important as physical health, and we are committed to supporting every child's emotional wellbeing. World Mental Health Day gives us a wonderful opportunity to:

- Start conversations about feelings and emotions in an age-appropriate way
- Show children that it's okay to talk about how we're feeling
- Build understanding that everyone has mental health, just like everyone has physical health
- Create a supportive environment where children feel safe to share their worries and concerns
- Celebrate the things that make us feel happy and healthy

By marking this day, we are helping to build a positive culture around mental health from an early age, so children grow up knowing that their feelings matter and that support is always available.

Wear Something Yellow!
To make the day extra special and fun, we're inviting children to add a splash of **yellow** to their usual school uniform! This could be a yellow headband, hair clip, pair of socks, or any other yellow accessory. It's not a non-uniform day — children should simply wear or bring a small yellow accessory to brighten the day!

Throughout the day, classes will take part in age-appropriate activities focusing on feelings, kindness, and looking after ourselves and others. We look forward to celebrating World Mental Health Day with your children.

Reminders
Please can we kindly ask that children do not come to school wearing makeup, painted nails, false eyelashes or similar cosmetics.

Children may wear stud earrings only, ideally with no more than one stud in each ear. For safety reasons, please ensure that earrings are removed on PE days.

Children should not bring spray deodorant into school. If your child needs to bring deodorant, please ensure it is a roll-on deodorant instead**.**

Upcoming Dates

- **Monday 5th Oct –** INSET Day – school closed to children
- **Wednesday 7th Oct –** Phonics workshop for Reception parents – 2pm
- **Thursday 8th Oct –** World Mental Health Day
- **Monday 12th Oct –** Phonics workshop for Y1 parents – 2pm
- **Thursday 15th Oct –** KS2 Harvest Visit to Church
- **Wednesday 21st Oct –** Halloween disco – **Session 1 -** 3.45pm – 4.30pm, **Session 2 -** 4.45pm – 5.30pm Tickets on sale from Tuesday 6th October.
- **Friday 23rd Oct -** INSET Day – school closed to children. School closes for half term.